

# HELLO AND WELCOME TO EDWARDS & BLAKE! - WE ARE THRILLED TO BE FEEDING YOUR SUPERHEROES!

We are a leading contract caterer providing delicious, nutritious food to over 160 schools in the East of England and beyond. The company has grown steadily since its inception over 20 years ago, but our culture and ethos is still firmly rooted in a belief that fresh, locally-sourced, home-cooked food not only tastes better but is essential to well-being and that nothing less than high service standards will do.

Great fresh food locally sourced at the best price is part of our DNA and why wouldn't it be?! As an East Anglian-based fresh food catering company we are fortunate enough to have fantastic high-quality produce at our disposal. We have worked with a number of local farms and suppliers since the company was established and we are committed to using produce being supplied within our region. This ensures that we receive a high level of service and excellent quality. Our menus change twice per year and we purchase seasonal goods at the right times of the year ensuring the best quality and value.

We don't rest on our laurels at Edwards & Blake; we are always striving to exceed expectations. We respond to client and pupil feedback and provide a service that encourages healthy eating and a love of food. We fully understand the importance of providing added value to each and every one of our education clients by delivering the catering services the pupils deserve and their parents would expect. For us, offering a personable, flexible service has been key to our success. Our ethos is one of support and interaction, working together to give the pupils real opportunities to learn about food, thereby adding real and genuine value to life at the school. We work closely with our schools to create an offer that adheres to each school's objectives and reflects each school's individual needs whilst also embracing new ideas and concepts. We very much see ourselves as part of each school, working together to ensure we deliver fantastic food that remains fresh and exciting, we believe our personal, pastoral approach is a great cultural fit with the ethos within Primary schools and together we will provide great foundations on which to grow and develop the catering service together.

For more information about Edwards & Blake, visit our website at [www.edwardsandblake.co.uk](http://www.edwardsandblake.co.uk)

## EAT WELL!



## PACKED LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of Ham, Cheese, Tuna or Salad Filled Bread	Choice of Ham, Cheese, Tuna or Salad Filled Bread	Choice of Ham, Cheese, Tuna or Salad Filled Bread	Choice of Ham, Cheese, Tuna or Salad Filled Bread	Choice of Ham, Cheese, Tuna or Salad Filled Bread
Cucumber or Carrot Sticks	Cherry Tomatoes or Cucumber Sticks	Cucumber or Carrot Sticks	Carrot Sticks or Cherry Tomatoes	Cucumber or Carrot Sticks
Grapes or a Whole Fruit Portion	Raisins or Whole Fruit Portion	Melon Wedge or Whole Fruit Portion	Grapes or Whole Fruit Portion	Melon Wedge or Whole Fruit Portion
Yoghurt	Shortbread	Yoghurt	Flapjack	Yoghurt
Juice Cuplet	Juice Cuplet	Juice Cuplet	Juice Cuplet	Juice Cuplet

