

SPRING/SUMMER MENUS 2019

FAKENHAM INFANT SCHOOL

Week One Dates 22/04/19 – 13/05/19 – 03/06/19 – 24/06/19 – 15/07/19 – 05/08/19 – 26/08/19 – 16/09/19 – 07/10/19

Primary Menu Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Burger in a Bun & Homemade Wedges	Cottage Pie	Roast of the Day & Yorkshire Pudding with all the Trimmings	Homemade Chicken Pie & Mash	MSC Fish Fingers & Chips
Vegetarian Main Meal Option	Veggie Burger in a Bun & Homemade Wedges	Vegetarian Cottage Pie	Quorn Roast & Yorkshire Pudding with all the Trimmings	Creamy Vegetable Lentil Pie & Mash	Vegetable Nuggets & Chips
Vegetable Selection	Sweetcorn & Carrot Sticks	Broccoli	Cauliflower & Peas	Carrots & Mixed Vegetables	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Pasta Option	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	Pasta with a Tomato Sauce
Dessert	Lemon Cake Slice with Custard	Chocolate Crispy with Sultanas	Iced Toffee Yoghurt with Banana Slice	Jam Sponge with Custard	Ginger Biscuit with Orange Slices
Packed Lunch Option	A Choice of Ham, Cheese or Tuna				

Week Two Dates 29/04/19 – 20/05/19 – 10/06/19 – 01/07/19 – 22/07/19 – 12/08/19 – 02/09/19 – 23/09/19 – 14/10/19

Primary Menu Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Traditional Sausage & Mash	Italian Style Chicken served with Wholegrain Rice	Roast of the Day & Stuffing with all the Trimmings	Savoury Beef & Onion Pie	MSC Fish Fingers & Chips
Vegetarian Main Meal Option	Vegetable Sausage & Mash	Margherita Pizza	Quorn Roast & Stuffing with all the Trimmings	Vegetable Mince & Onion Pie	Vegetable Sausage Fajita
Vegetable Selection	Carrots & Mixed Vegetables	Broccoli & Garden Peas	Savoy Cabbage & Sweetcorn	Green Beans & Carrots	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans				
Pasta Option	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	Pasta with a Tomato Sauce
Dessert	Ginger Sponge with Custard	Frozen Yoghurt & Apple Slices	Fruity Flapjack with Custard	Oaty Biscuit with Fruit Wedges	Chocolate & Beetroot Muffin
Packed Lunch Option	A Choice of Ham, Cheese or Tuna				

Week Three Dates 06/05/19 – 27/05/19 – 17/06/19 – 08/07/19 – 29/07/19 – 19/08/19 – 09/09/19 – 30/09/19 – 21/10/19

Primary Menu Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	British Red Tractor Meatballs in Tomato Sauce with Pasta	Mild Chicken Curry with Brown Rice	Roast of the Day & Yorkshire Pudding with all the Trimmings	Pasta Bolognese & Garlic Bread	MSC Fish Fingers & Chips
Vegetarian Main Meal Option	Cheesy Wholemeal Pizza Slice	Butternut & Cauliflower Curry, Wholegrain Rice & Naan Bread	Quorn Roast & Yorkshire Pudding with all the Trimmings	Vegetable Grill with Homemade Potato Wedges	Bhaji Burger served with Chips
Vegetable Selection	Garden Peas	Carrots & Sweetcorn	Spring Cabbage & Mixed Vegetables	Cauliflower & Sliced Green Beans	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese, Baked Beans Salmon & Mayonnaise Available Friday				
Pasta Option	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	Pasta with a Tomato Sauce	Pasta with a Cheese Sauce	Pasta with a Cheese Sauce
Dessert	Sticky Toffee Pudding with Custard	Chocolate Crunch with Custard	Oaty Biscuit with Banana	Fresh Carrot Cake with Icing Glaze	Jelly & Fruit
Packed Lunch Option	A Choice of Ham, Cheese or Tuna				

Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts Available Daily